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## Car Accident While Pregnant in Louisiana

Printable toolkit: steps, evidence, and insurer-proof gaps

### Fast Priorities (First 72 Hours)

- Get medical evaluation and follow the plan your clinician gives you.
- Write a crash timeline: times, locations, symptoms, and who you spoke with.
- Take photos of vehicles, the roadway, and any visible marks or bruising.
- Save dashcam footage, texts, ride logs, and tow/repair paperwork.
- Be cautious with recorded statements and quick releases before you know the full picture.

### Documents That Strengthen the File

- ER/urgent care notes, OB visit notes, and any monitoring or ultrasound records.
- A short symptom and function log (sleep, work, driving, childcare, pain).
- Photos of property damage and repair estimates that show impact direction.
- Witness names and the crash report number (agency + date).

## Infographic 1: Evidence Blueprint

Five steps + a quick first-72-hours checklist

### Car Accident While Pregnant: Evidence

A 5-step proof plan  
+ quick 72-hour checklist

**1) Get Checked**  
Ask what monitoring fits your stage

**2) Build Timeline**  
Write times, places, and first symptoms

**3) Document Changes**  
Note pain, cramps, bleeding, movement

**4) Preserve Crash Proof**  
Photos, dashcam, vehicle data, texts

**5) Control Insurance**  
Delay recorded talk until you are ready

**First 72 Hours**

- 1) Report # + agency
- 2) Photo car + belt
- 3) Save car-seat info
- 4) Start symptom log
- 5) Keep OB follow-up

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## Infographic 2: Defense vs Evidence

Common narratives and the record anchors that answer them

**Defense vs Evidence**  
**Pregnancy Crash File**  
 Match each narrative  
 with a record anchor

Defense Angle	Evidence Anchor
Low impact so no injury to mom/baby	Photos + repair estimate shows force direction
No belly hit so no issue	Seat belt marks pain notes + exam OB notes + monitor
Imaging normal so you are fine	Serial exams fetal monitoring symptom log
Pre-existing pregnancy pain	Baseline OB records new limits noted work notes if needed
Gaps in care mean not serious	Keep appointments referrals + meds receipts + mileage

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## Talk to a Lawyer Quickly if Evidence Is at Risk

Babcock Injury Lawyers | Stephen Babcock

If a crash happens during pregnancy, the case often turns on documentation and timing. We focus on early evidence preservation, clean timelines, and trial-ready preparation so the claim is not defined by guesswork.

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This toolkit contains general information and is not legal advice.