

Avoid Distracted Driving in Louisiana

A Safety + Evidence Preservation Toolkit (Printable)

Quick Prevention Plan (Before You Drive)

- Silence notifications or use Do Not Disturb before moving the vehicle.
- Set GPS and music before you shift into drive.
- Keep the phone out of reach (bag, console, glove box).
- If you must take a call, pull over safely and park first.
- Ask passengers to handle navigation or messages.

If a Crash Happens: Evidence Checklist

- Call 911 if anyone may be hurt, and request a crash report.
- Photograph vehicle positions, damage, skid marks, and the full scene.
- Get names and numbers for witnesses, including passengers.
- Write down what you saw about distraction (phone, food, GPS, work laptop).
- Identify nearby cameras (stores, intersections, doorbells) and note locations.
- Do not delete phone data or reset your device; preserve it as-is.

Common Insurance Arguments vs. What Helps

Insurer Angle	Evidence Anchor
"No proof of phone use"	Video, witnesses, crash report notes, admissions
"Low damage = no injury"	Before/after photos, repair docs, consistent care notes
"You share fault"	Clear timeline, lane position evidence, phone logs

This toolkit is general information and does not create an attorney-client relationship.

Infographic 1: Evidence Blueprint

A 5-step map + first-72-hours checklist for distracted driving crashes.

Avoid Distracted Driving In Louisiana
Evidence Blueprint +
First 72 Hours

- 1 Build The Timeline**
Note times and locations.
Save all photos.
- 2 Spot Distraction Proof**
Phone use, GPS, food, work tasks.
Write details now.
- 3 Preserve Video + Vehicle Data**
Ask about nearby cameras and dashcam files.
- 4 Document Limits**
Short daily notes
pain, sleep, tasks.
Keep receipts.
- 5 Guard The Narrative**
Stick to clear facts.
Avoid guessing.

First 72 Hours Mini Checklist

- Save photos + video
- List witness names
- Note nearby cameras
- Keep tow/repair docs
- Avoid social posts
- Call before evidence disappears

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Infographic 2: Defense vs. Evidence

Common insurer narratives and the records that close the gaps.

Defense Vs Evidence
Close the proof gaps in distracted driving

Defense Angle	Evidence Anchors
Low damage = no injury	Before/after photos Repair records Care timeline
No phone use proved	Video + witnesses Crash report Admissions
You were also distracted	Your phone logs Lane + brake data Consistent story
Treatment gap means minor	Explain delays Follow-up visits Daily-limit notes
Quick release ends claim	Read release terms Do not sign rushed

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Free Case Review (Louisiana)

If distracted driving caused a crash, we focus on leverage through proof.

Contact

Babcock Injury Lawyers
Stephen Babcock
(225) 500-5000
<https://www.stephenbabcock.com/>
Contact: <https://www.stephenbabcock.com/contact-us/>
Locations: <https://www.stephenbabcock.com/locations/>

What We Do First

- Identify where distraction proof may exist (video, witnesses, phone data).
- Send preservation requests quickly so footage and records are not lost.
- Map liability, comparative fault issues, and deadlines before insurers steer the claim.

Remember: do not delay getting medical care. Also, do not sign a release or give a recorded statement until you understand what it can waive.