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# Louisiana Car Accident Damages Toolkit

A print-friendly checklist to help you document losses and protect your claim file.

## How To Use This Toolkit

Use this as a starting point to organize records after a Louisiana car accident. It is general information and not legal advice, and it cannot replace medical care or legal counsel.

## Damages Categories To Track

- Medical costs: bills, prescriptions, therapy, mileage, and future care notes.
- Income loss: missed work, reduced hours, PTO used, and job-duty limits.
- Pain and life impact: sleep, activity limits, household chores, and mood changes.
- Property loss: repair estimates, photos, rental receipts, and any total-loss valuation paperwork.

## Evidence Map (Quick Table)

| Damage Item   | Proof To Save  |
|---------------|--|
| Medical       | Discharge papers, visit notes, imaging reports, itemized bills |
| Wages         | Pay stubs, employer letter, schedule changes, PTO records      |
| Pain / Limits | Symptom log, therapy notes, photos of daily tasks              |
| Vehicle       | Damage photos, estimates, receipts, title/total-loss docs      |

## First 72 Hours Checklist

- Save photos and video of the scene, vehicles, and visible injuries before they change.
- Write down every symptom you notice, even if it feels minor at the time.
- Keep the crash report number and the names of all responding agencies and witnesses.
- Avoid recorded statements or broad medical authorizations until you understand what is being requested.

# Infographic 1: Evidence Blueprint

Build a clear record for medical, wage, and property damages.

## Car Accident Damages: Evidence Blueprint

A 5-step map to document losses in Louisiana.

- 1 Timeline Proof**
  - Photos + video
  - Witness names



- 2 Medical Proof**
  - Visits + meds list
  - Symptom notes



- 3 Income Proof**
  - Pay stubs
  - Employer letter



- 4 Daily Impact**
  - Pain/activity log
  - Work limits



- 5 Property Proof**
  - Repair estimate
  - Total-loss photos

- First 72 Hours:  
Quick Checklist**
- Get names + numbers
  - Save dashcam clips
  - Ask for report number
  - Do not sign releases

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## Infographic 2: Defense Vs. Evidence

Common claim defenses—and the documents that answer them.

### Defense Vs. Evidence Car Accident Damages

What insurers may argue,  
and what closes the gaps.

| Defense Narrative                      | Evidence Anchor                                      |
|--|--|
| Low-impact crash means no injury       | Photos + video<br>vehicle angles<br>scene distances  |
| No treatment right away so you're fine | Same-day report<br>follow-up notes<br>reason for gap |
| Normal imaging so no injury            | Doctor exam<br>therapy findings<br>consistent logs   |
| Bills unrelated or inflated            | Itemized bills<br>diagnosis links<br>prior records   |
| Wages not proven or overstated         | Pay stubs<br>employer letter<br>calendar + PTO       |

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## Talk With Babcock Injury Lawyers

If you are facing insurance pressure, we can help you build a trial-ready claim file.

### Contact

- Firm: Babcock Injury Lawyers
- Lawyer: Stephen Babcock
- Phone: (225) 500-5000
- Website: <https://www.stephenbabcock.com/>
- Contact: <https://www.stephenbabcock.com/contact-us/>
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### What We Do Next

- Triage evidence quickly (video, vehicles, records, and witnesses).
- Spot deadlines and missing documentation before they turn into defense arguments.
- Handle insurer communications so your file stays consistent and complete.

Outcomes depend on the facts. This toolkit is general information and is not legal advice.